

**LOCATIONS:**

Windsor • Essex • LaSalle • Leamington  
Lakeshore • Kingsville

**PATIENT INFORMATION**

Name: ☐ M ☐ F

Healthcard #: Version Code:

Primary Phone #: DOB:

Secondary Phone #:

**REFERRING PHYSICIAN INFORMATION**

MD Name/Signature:

MD Billing number: Date:

Phone #:

Fax #:

**URGENCY**

☐ ROUTINE ☐ SEMI-URGENT ☐ URGENT

**TESTING**

**ECHOCARDIOGRAPHY**

Stress Echo

☐ With Consult

☐ Test Only

☐ 2D Echocardiogram

☐ If diagnostic test is abnormal, please automatically arrange for Cardiology Consultation.

**NUCLEAR CARDIOLOGY**

Myocardial Perfusion (MIBI)

☐ Exercise

☐ Persantine/Dobutamine

**CARDIOLOGY / OTHER**

Holter: ☐ 24-72 hr ☐ 7-14 day

☐ 24 hr ABPM (\$35 not covered by OHIP)

☐ EKG/Electrocardiography

**INDICATIONS**

☐ Chest Pain

☐ CHF

☐ Other: \_\_\_\_\_

☐ Dyspnea/Edema

☐ Murmur/Valvular Regurgitation

☐ Palpitations/Arrhythmia

☐ Screening/DM/HTN/HPL

**PHYSICIAN ASSESSMENT AND CONSULTATION**

☐ Dr. Dhssraj Singh

☐ Dr. Brian Hachey

☐ Dr. Roland Mikhail

☐ Dr. Dakshina Murthy

☐ Dr. Jeffrey Anchan

☐ Dr. Jane Philip

☐ Dr. Sarah Finlay

☐ No Preference

Please fax this form to 519-915-6326 or use the referral form at [windsorheart.org](http://windsorheart.org)



Your reliable partner in every patient's heart health journey!

# Windsor Heart Institute

Your doctor has referred you to the Windsor Heart Institute.  
You will receive a call with your appointment date and time.

Date \_\_\_\_\_ Time \_\_\_\_\_

**Reminder:** Please bring a complete list of medications with you at time of testing/consult.

## DIAGNOSTIC TEST PREPARATION

For more detailed information about your exam please visit our website at [windsorheart.org](http://windsorheart.org)

### LOCATIONS

#### Windsor

2464 Howard Ave, Suite 201

Windsor, ON N8X 3V6

Major cross roads: Howard Ave / Ypres Ave

Phone: 519-977-6643

Fax: 519-915-6326

#### Essex

186 Talbot St South, Suite A

Essex, ON N8M 1B6

Major cross roads: Talbot St South / Fairview Ave

Phone: 519-977-6643

Fax: 519-915-6326

#### LaSalle

LaSalle Community Healthcare Centre

2125 Front Rd

LaSalle, ON N9J 2C1

Major cross roads: Front Rd / International Ave

Phone: 519-977-6643

Fax: 519-915-6326

#### Leamington

Central Erie Shores Walk-in Clinic

33 Princess St

Leamington, ON N8H 5C5

Major cross roads: Erie St South / Mill St East

Phone: 519-977-6643

Fax: 519-915-6326

#### Lakeshore

Lakeshore Med Arts

1303 County Rd 22, Suite 120B

Belle River, ON N8R 1A0

Major cross roads: County Rd 22 / Rourke Line

Phone: 519-977-6643

Fax: 519-915-6326

#### Kingsville (COMING 2024)

200 Main St East

Kingsville, ON N9Y 1A6

Major cross roads: Main St East / Wigle Ave

Phone: 519-977-6643

Fax: 519-915-6326

#### ☐ ECHOCARDIOGRAM (ECHO)

**Time:** approximately 45 - 60 minutes.

**PREP:**

- Do not rub any creams or lotion on your chest prior to appointment.

#### ☐ EXERCISE STRESS ECHO

**Time:** approximately 1 - 2 hours.

**PREP:**

- Light meal 3 hours prior to exercise stress test
- No caffeine for 4 hours prior
- Wear light comfortable clothing and running shoes

#### ☐ HOLTER MONITOR/ELECTROCARDIOGRAM (EKG)

**Time:** approximately 15 minutes

**PREP:**

- Do not rub any creams or lotion on your chest prior to appointment.

#### ☐ BLOOD PRESSURE MONITOR

**Time:** approximately 15 minutes.

**PREP:**

- You will not be able to shower while wearing this monitor.
- Wear comfortable clothing.

**Fee:** \$35 charge

(Some insurance companies will reimburse a portion, or all of the charge, as it is not covered by OHIP.)

#### ☐ MYOCARDIAL PERFUSION/DOBUTAMINE STRESS

**PREP:**

- No caffeine (coffee, tea, chocolate, cola, Tylenol 3) for 24 hours prior to the test.
- Fast for 2 hours prior to the test unless you are diabetic.
- Wear loose, comfortable clothing and running shoes if scheduled for exercise stress test.
- Bring a list of current medications.
- Instructions for holding medications prior to the test will be given at time of booking.

#### ☐ CARDIAC CONSULT

**Time:** approximately 15-30 minutes

- Wait times depend on number of Cardiologists in clinic and urgent patient assessments.