

## RAPID CARDIAC ASSESSMENT

### REQUEST FOR

- Stress Echo/Test
- Echocardiogram
- EKG

<input type="checkbox"/> Holter Monitor
Select One <input type="checkbox"/> 24-72 hrs <input type="checkbox"/> 7-14 days

- Cardiology Consult

### INDICATIONS

- Chest Pain/SOB
- Palpatations
- Other \_\_\_\_\_

### PATIENT INFORMATION

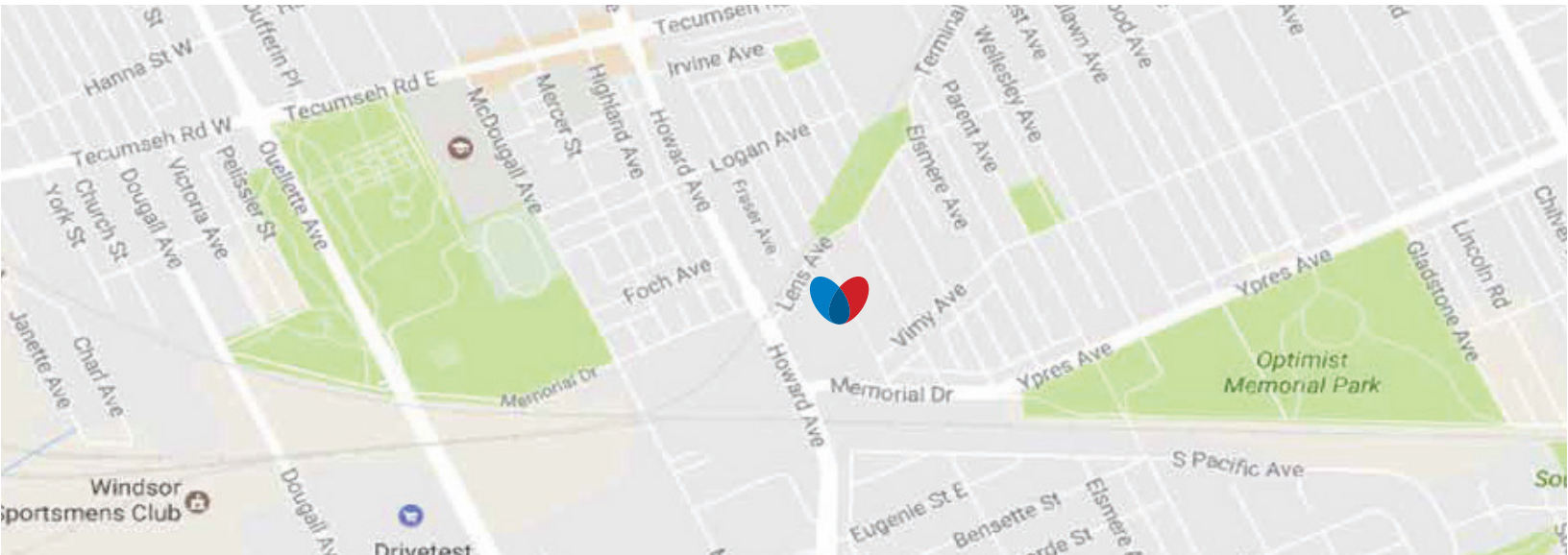
Full Name: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Gender  Male  Female  
Health Card #: \_\_\_\_\_ Phone: \_\_\_\_\_

### PHYSICIAN INFORMATION

Physician Name: \_\_\_\_\_ Billing #: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Ordering Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# DIRECTIONS

2464 Howard Ave. Suite 201  
519-977-6643 [windsorheart.org](http://windsorheart.org)



## DIAGNOSTIC TEST PREPARATION

### ECHOCARDIOGRAM (ECHO)

An ultrasound that provides images of the heart's valves and chambers.

**Time: approximately 30 - 45 minutes.**

- Do not rub any creams or lotion on your chest prior to appointment.

### EXERCISE STRESS ECHO

A resting echocardiogram that will be performed prior to exercise on a treadmill and at peak exercise; this test is frequently done to assess for coronary artery disease.

**Time: approximately 30 - 45 minutes.**

- Light meal 3 hours prior to exercise stress test.
- Wear light comfortable clothing and running shoes.
- Consult with your ordering physician about holding your heart medications prior to testing.

### ELECTRONIC LOOP AND HOLTER MONITOR

Devices that record the electrical activity of your heart for a specified period of time in order to detect abnormal heart rhythm. You will be instructed how to remove the device prior to a shower.

- Do not rub any creams or lotion on your chest prior to appointment.

### ELECTROCARDIOGRAM

This test is done to assess the electrical activity of the heart at one single point in time (10 seconds).

**Time: approximately 15 minutes.**

- Do not rub any creams or lotion on your chest prior to appointment.

### BLOOD PRESSURE MONITOR

During a 24-hour period a blood pressure cuff is worn and blood pressure is monitored regularly throughout the duration.

- You will not be able to shower while wearing this monitor.
- Be sure to wear comfortable clothing.

**Fee: \$25 charge**

Some insurance companies will reimburse a portion, or all of the charge, as it is not covered by OHIP.