

Windsor Heart Institute

Your doctor has referred you to the Windsor Heart Institute.
You will receive a call with your appointment date and time. For more information visit windsorheart.org

Date _____ Time _____

Reminder: Please bring a complete list of medications with you at time of testing/consult.
Bring \$3 for parking at Windsor location.

DIAGNOSTIC TEST PREPARATION

For more detailed information about your exam please visit our website at windsorheart.org

ECHOCARDIOGRAM (ECHO)

Time: approximately 45 - 60 minutes.

PREP:

- Do not rub any creams or lotion on your chest prior to appointment.

EXERCISE STRESS ECHO

Time: approximately 1 - 2 hours.

PREP:

- Light meal 3 hours prior to exercise stress test
- Avoid caffeine for 24 hours prior
- Wear light comfortable clothing and running shoes
- Certain medications need to be stopped 24 hours before this test. You will receive a reminder call/ email to let you know which medications should be stopped.

HOLTER MONITOR

Time: approximately 15 minutes

(NOTE: Holter monitors can also be delivered to you at your home)

PREP:

- Do not rub any creams or lotion on your chest prior to appointment.

ELECTROCARDIOGRAM

Time: approximately 15 minutes.

PREP:

- Do not rub any creams or lotion on your chest prior to appointment.

BLOOD PRESSURE MONITOR

Time: approximately 15 minutes.

PREP:

- You will not be able to shower while wearing this monitor.
- Wear comfortable clothing.

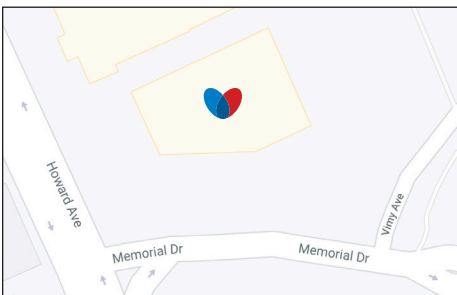
Fee: \$25 charge

Some insurance companies will reimburse a portion, or all of the charge, as it is not covered by OHIP.

CARDIAC CONSULT

Time: approximately 15 - 30 minutes.

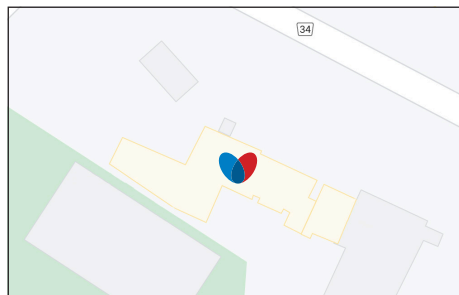
(NOTE: During COVID restrictions all consults will be done via phone call. Please be patient when waiting for the call as time spent per call varies between patients. Wait time can be up to 3 hours.)



Windsor Location

2464 Howard Ave. Suite 201
Windsor, Ontario N8X 3V6

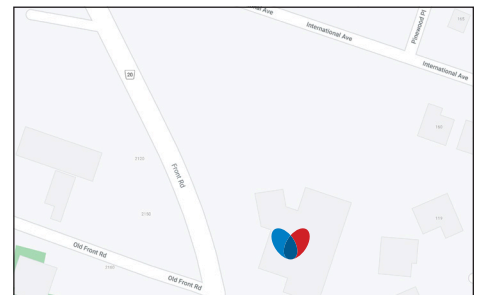
Phone: 519-977-6643 Fax: 519-915-6326



Essex Location

186 Talbot St. South Suite A.
Essex, Ontario N8M 1B6

Phone: 519-977-6643 Fax: 519-915-6326



Lasalle Location

Lasalle Community Healthcare Centre
2125 Front Rd.
Lasalle, Ontario N9J 2C1

Phone: 519-966-9980 Fax: 519-915-6326